

How To Implement a Cardiac Emergency Response Plan

Sudden Cardiac Arrest (SCA) is the leading cause of death on school campuses, and the #1 killer of student athletes. That's why it's critical for your school to have a written and well-practiced Cardiac Emergency Response Plan (CERP). Created by a national task force of health and safety organizations, a CERP is a vital step towards sudden cardiac death prevention.

Be Prepared to Prevent Sudden Death At Your School



Form Cardiac Emergency Response Team

CPR trained and response ready, the team helps implement the plan and conduct drills.

Check Your Toolkit for:

- Tips to identify team members
- Recommended guidelines for staff training



Implement Emergency Response Protocol

A written plan documents your exact emergency action and should be incorporated into your EAP, School Improvement Plan or Safe School Environment.

Check Your Toolkit for:

- Sample plans you personalize to your school
- Forms to annually evaluate your plan



Install & Maintain AEDs Properly

Automated External Defibrillators must be properly installed—and never locked away—always accessible.

Check Your Toolkit for:

- Guidelines for installation
- Tips for site selection and maintenance



Conduct Life-Saving Drills

It's critical to test your team's readiness and your plan's effectiveness through practice. Involve your local EMS.

Check Your Toolkit for:

- Cardiac emergency drill format (like fire drills)
- Drill evaluation forms



Share Plan with School Community

Educate parents, staff, coaches and facility users about how they can be prepared to save a life, by understanding what SCA is and how to prevent it.

Check Your Toolkit for:

- Letters and flyers to circulate to your school community
- Resources to raise awareness about SCA in youth



Parent Heart Watch.

THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST